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## *Masculine Hobbies*

This file encourages you to take up traditional masculine hobbies and become more and more interested in any pastime that is stereotypically male in your future. Listen as your patient and loving guide gives you specific examples of each masculine hobby and explains to you why you are interested and fascinated in each and every topic that is mentioned. Remember always loving masculine hobbies and desire to learn new stereotypical male hobbies in your future.

Listen as I gently encourage you to take up all the hobbies that every hunky, masculine, man has always enjoyed. You can be sure that you will work to try your best at each and every masculine hobby that you are interested in. Discover yourself becoming more and more interested in male topics such as learning to play sports, working out, fishing, building cars, playing poker, or anything else that is traditionally masculine in your future.

Become fascinated and interested in the masculine hobbies that you have always desired. Become a better, more masculine, you with each listen.

- ✧ Loving how dominant and confident I feel whenever I am working on a masculine hobby.
- ✧ Remembering how interested and fascinated I am with each masculine hobby that I come across.
- ✧ Fantasizing about having my own workshop where I can work on my hobby projects.
- ✧ Craving a masculine hobby in order to feel relaxed and happy in my life.
- ✧ Remembering how much fun I have whenever I am working on a masculine hobby.
- ✧ Catching up on my favorite sports teams whenever I am bored.
- ✧ Knowing that I will be less anxious and stressed and bored whenever I am working on my favorite masculine hobby.
- ✧ Intuitively knowing that I will be happier and more loved in my future if I am interested in masculine hobbies.
- ✧ Imagining myself getting into a friendly argument over a sports game with my friends.
- ✧ Feeling happy and satisfied whenever I am working on a woodworking project.
- ✧ Imagining myself happily fishing with my friend on a beautiful, sunny, summer day.
- ✧ Feeling happy and satisfied whenever I am working on fixing up a car.
- ✧ Remembering how much I have always loved and enjoyed watching sports.
- ✧ Finding new and exciting masculine hobbies to try each and every day.
- ✧ Watching sports and drinking beer with my friends.



- ✧ Fantasizing about my future self being hunky and strong like the sports stars that I love to watch.
- ✧ Fantasizing about being friends with all the masculine men that I meet.
- ✧ Intuitively knowing that I am happiest whenever I am fixing something with my hands.
- ✧ Fantasizing about my perfect day where I am working on all of the hobbies that I love.
- ✧ Enjoying the feeling of becoming a better, more masculine, version of myself.
- ✧ Buying the tools, materials, and hardware that I will need to work on my masculine hobby.
- ✧ Remembering to watch sports whenever I am bored.
- ✧ Intuitively knowing that I need to work on my body each and every day in order to achieve the future that I have always desired.
- ✧ Remembering how much I have always loved to play poker and blackjack.
- ✧ Intuitively knowing that I need to watch and cheer for sports in order to be happy and fulfilled in my life.
- ✧ Preferring to watch sports over any other shows that I could be watching.
- ✧ Feeling happy and accomplished and fulfilled whenever I am working out.
- ✧ Intuitively knowing that I need to play sports in order to be happy and fulfilled in my life.
- ✧ Finding it hard to pay attention to any topics that would not be interesting to a man.
- ✧ Working hard each and every day to be more masculine in everything that I do.
- ✧ Intuitively knowing that I must work on making myself better each and every day in order to live my ideal life in the future.
- ✧ Intuitively knowing that I need to be more manly in order to have the ideal life that I have always desired.
- ✧ Remembering how happy and excited I have always been whenever I am working on a project around my house.
- ✧ Knowing that I must learn all of the sports and hobbies that a typical, masculine man would love to play or watch.
- ✧ Intuitively knowing that I naturally enjoy masculine activities and hobbies.
- ✧ Talking about sports, cars, and video games with my hunky, masculine friends.
- ✧ Practicing a sport in order to become better at it.
- ✧ Becoming a part of a male group where I can discuss all of my masculine interests.
- ✧ Taking an interesting and exciting woodworking class so that I can learn how to make all of the things that I have always desired to make.
- ✧ Taking care of my body in order to be a good, masculine, role model for others.
- ✧ Knowing that I am frustrated and bored unless I am watching sports.
- ✧ Imagining myself becoming good at each and every masculine hobby that I am interested in.



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- ✧ Desiring to be good at masculine hobbies in order to be the man that I have always desired to be.
  - ✧ Watching interesting and exciting sports matches with my friends and family.
  - ✧ Instantly feeling confidence and pleasure and excitement whenever I am working on my hobbies.
  - ✧ Desiring to make my own furniture and accessories and decor for my home.
  - ✧ Becoming interested in all of the different masculine hobbies that my masculine idols enjoy.
  - ✧ Remembering that being interested in masculine hobbies is natural and normal and something that I have always desired.
  - ✧ Thinking about how great and happy and confident I feel whenever I am spending my free time working on masculine activities.
  - ✧ Knowing that I will be happier in my future if I keep my body in shape by working out.
  - ✧ Knowing that I will be a better, happier person in my future if I learn how to build and fix anything that is broken.
  - ✧ Thinking about my favorite sports teams and remembering how much I love rooting for them during a game.
  - ✧ Hiking with my friends in the mountains.
  - ✧ Laying back after a hard day and enjoying a fine whiskey with my masculine friends.
  - ✧ Fishing with my friends and talking about anything masculine and manly that we can think of.
  - ✧ Fixing vintage cars with my friends.
  - ✧ Spending my free time fishing and camping and learning how to survive in nature.
  - ✧ Thinking about how much I have always loved working out and keeping my body in shape.
  - ✧ Knowing that I need to play a sport in my free time in order to be confident and happy in my life.
  - ✧ Remembering that I have always been interested in watching sports and playing sports in my past.