



Manly, Masculine & Macho

Have you gone a little bit too far down the sissy rabbit hole, and realize that you have completely forgotten how to be a man in every sense of the word? Maybe you are looking to take more control of your life and feel confident and empowered in the process.

Manly, Masculine, & Macho, aims to gently guide you towards all of the characteristics and personality traits that makes a man, a man, and separates them from all of the completely feminine, girly sluts that they love to bend over and dominate. Learn to love everything about being strong and hairy and masculine. Discover yourself caring less and less about the fashion that you wear and more and more on the muscles and physical strength that you have.

Embrace your inner macho as your thoughts become more dominant and sexual. Bend others to your will and transform yourself into the alpha male you have always dreamed of becoming.

- ✧ Needing to be the most dominant and powerful person in the room in order to feel confident and successful and happy in my life.
- ✧ Knowing that being the most dominant in my group of friends will help me live my ideal life.
- ✧ Feeling pleasure and arousal whenever I am lifting weights.
- ✧ Remembering that building big muscles will help me become stronger and more dominant and confident in my life.
- ✧ Wearing tight clothing in order to show off my muscles and body to the people that I desire to fuck.
- ✧ Feeling embarrassed and uncomfortable and empty whenever I act emotionally in any situation.
- ✧ Remembering that being emotionless and manly will always help me become dominant in any situation that I might be in.
- ✧ Thinking about how my emotions have always caused me trouble and have made me look less masculine than I desire to be in my past.
- ✧ Craving to go to the gym each and every day in order to build my muscles and get the strong and masculine and powerful look that I crave and desire.
- ✧ Imitating masculine men wherever I desire to go.
- ✧ Thinking about all of the exciting and erotic ways in which I can make myself more masculine and desirable.



- ✧ Making sure that I am always dominant and controlling in every sexual situation that I am in.
- ✧ Remembering how exciting the thought of being a masculine man is, and how it is always something that I have craved to become.
- ✧ Making sure that I always intimidate others physically whenever it seems as though I am not going to be getting my way.
- ✧ Working out every day to make sure that I can challenge anybody who might dare to take my fuck-toys away from me.
- ✧ Remembering that I need to keep fuck-toys around me so that I can use them for my completely masculine needs.
- ✧ Embarrassed if I am ever caring about the style of clothing that I am wearing.
- ✧ Becoming embarrassed and uncomfortable whenever I am talking about fashion or clothing or anything else that a submissive person would talk about.
- ✧ Becoming completely sexually aroused whenever I think about dominating the people around me sexually.
- ✧ Thinking about what makes someone effeminate and girly and making sure that I always act in the opposite way.
- ✧ Remembering that I am always horny and looking for a submissive toy to fuck and use.
- ✧ Thinking about how dominant I am, and how horny I am to bend over and fuck a submissive slut.
- ✧ Cutting my hair short and masculine so that I do not have to worry about it getting in my way during my day.
- ✧ Wearing clothing that helps me the most with the activities that I am performing for the day, and remembering to never care about how the clothing that I am wearing looks.
- ✧ Embarrassed and uncomfortable if I ever care about how an outfit that I am wearing looks.
- ✧ Craving red meat and greasy foods whenever I am hungry.
- ✧ Making sure that I tell my sexual conquests exactly how they need to behave for me.
- ✧ Wearing tight pants to show everyone else my masculine package.
- ✧ Excited about joining a sport so that I can be masculine with other men.
- ✧ Completely interested and excited to watch sports whenever I am bored.
- ✧ Comfortable whenever I keep sports on in the background.
- ✧ Excited and aroused to wear the jersey of my favorite sports team.
- ✧ Finding myself becoming happy and excited and aroused whenever my favorite sports teams win.
- ✧ Feeling empty and uncomfortable and sad whenever my favorite sports teams lose.
- ✧ Remembering how much I love to watch my favorite sports teams in their stadium.



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- ✧ Thinking about how I can share my exciting love for my favorite sports teams with others.
 - ✧ Always selecting burgers and steaks whenever I am trying to decide what to order.
 - ✧ Thinking of new and exciting ways to make money so that I can have more submissive toys at my disposal to fuck.
 - ✧ Remembering that being successful and making money are the two most important characteristics in the world for me.
 - ✧ Finding it hard to remember any other way to act except for masculine and macho and manly.
 - ✧ Focussing on my career more than anything else in my life.
 - ✧ Watching porn constantly as I imagine myself as the dominant, masculine man fucking all of the beautiful sluts on screen.
 - ✧ Making sure that I am always horny so that I am always ready to fuck submissive sluts whenever I tell them to bend over in front of me.
 - ✧ Becoming more confident and manly and dominant with every breath that I take.
 - ✧ Idolizing all of the masculine men that I see every day.
 - ✧ Needing masculine men to learn from and idolize in my life.
 - ✧ Making sure that I am always strong and masculine and dominant in everything that I do.
 - ✧ Avoiding any actions or habits that might make me seem more feminine and girly.
 - ✧ Feeling uncomfortable and empty and bored whenever I am forced to watch anything that a girl would love to watch.
 - ✧ Making sure that I always eat until I am full.
 - ✧ Feeling excitement and arousal and pleasure whenever I am watching an action movie.
 - ✧ Imagining myself in the position of the sports players that I love to watch.
 - ✧ Remembering that being big and strong will help me solve any problem that I might face in my ideal future.
 - ✧ Watching porn whenever I am bored.
 - ✧ Telling others that I am stroking my dick whenever I am masturbating.
 - ✧ Aroused and excited whenever I think about being strong and hairy and masculine.
 - ✧ Turned on and aroused whenever I think about having a thick beard and hairy chest.
 - ✧ Finding myself talking in a low, masculine voice whenever I am interacting with others.
 - ✧ Thinking of myself as manly and macho and masculine at every point in my future.
 - ✧ Easily throwing away everything about myself that is not masculine and manly.