

A muscular woman with long reddish-brown hair is posing in a dark blue lace bikini. She is looking upwards with her right arm raised and hand near her head. The background is a gym with wooden accents and warm lighting.

ROGUE **FMG**

SARAH'S CHANGE

PART 4

Adventures in Femmax

ROUND TWO!





A high-angle shot of a muscular woman with red hair, wearing a blue bikini, standing on a white tiled floor in a gym. She is looking down and to her left. A speech bubble above her contains the text "LET'S GET BIG". In the background, there is a kitchen island with three black stools, a fruit basket, and a small plant. The gym equipment, including a treadmill, is visible in the foreground.

LET'S GET BIG

≡ M M M M M ≡



SO MUCH STRONGER THIS TIME!















A highly muscular woman with long, braided red hair is posing on a modern staircase. She is shown from the waist up, flexing her right bicep and pointing upwards with her left hand. Her physique is extremely defined, with prominent muscles on her chest, arms, and torso. The background features a staircase with wooden steps and a black metal railing, set against a grey wall with a window showing a bright outdoor scene.

HELL YES!

YOU KNOW...
I THINK I GET THE
APPEAL NOW

A close-up photograph of a woman's foot wearing a high-heeled shoe. The shoe has a clear, strapless upper and a thick, light purple or pinkish heel. The woman's foot is positioned as if she is about to step down. In the background, another leg in a similar shoe is visible, and the setting appears to be a modern interior with a grey wall and a wooden cabinet. A speech bubble is overlaid on the top right of the image.

WHEN YOU LOOK LIKE THIS, WHY WOULDN'T YOU WANT TO ACCENTUATE IT A LITTLE MORE WITH HEELS!







≡ MMMM ≡
I GOT ABSOLUTELY
STACKED

AND SEXY
AS HELL



JUST LOOK AT ME!



AND-



-FLEX!



AND-



-FLEX!



-FLEX!!!





THIS STUFF IS
FUCKING MAGIC.

HMMM,
I WONDER IF I CAN GET
BACK TO THE GYM BEFORE
PORTIA AND SARAH FINISH
THEIR WORKOUT...

I NEED TO
FIND SOMETHING STRETCHY
TO WEAR

BACK AT THE GYM

OKAY,
THAT'S ALL
OF IT!



EVERY
PLATE?



WELL, WE'RE NOT FITTING ANY MORE ON THIS BAR

≡ HNGGHH ≡
THAT'S GOOD, I'M NOT
SURE I COULD ACTUALLY
LIFT MUCH MORE!





UNFFF

SELF LOVE
SELF LOVE
SELF LOVE
SELF LOVE
SELF LOVE

YEAH!
AMAZING!





COME ON!
A FEW MORE!



≡ URGHHH ≡



...

25KG

25KG

J-JENNA?

HUH? UHHH...
THIS IS GETTING
HEAVY, SARAH!

HEY GIRLS...

B-FORGE X
B-FORGE X

We can help you to your
Dream Body!
Professional Training
for an efficient Workout.

Power and Strength
Fitness
Weight Loss

IT'S A GOOD
THING I'M HERE-

-CLEARLY
YOU NEED SOMEONE TO
TALK YOU THROUGH PROPER
SPOTTING TECHNIQUES



I... YOU...
HUGE...

WHAT THE HELL?

SELF LOVE
SELF LOVE
SELF LOVE
SELF LOVE



LOOKS LIKE MY GAINS
FINALLY STARTED TO SHOW,
DON'T YOU THINK?

THE END?